



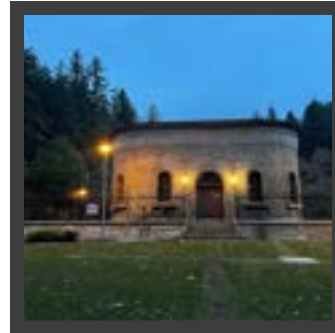
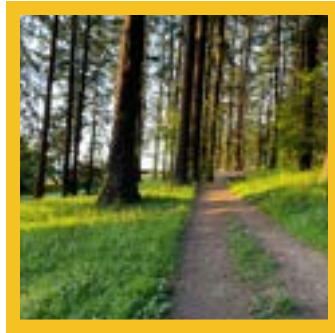
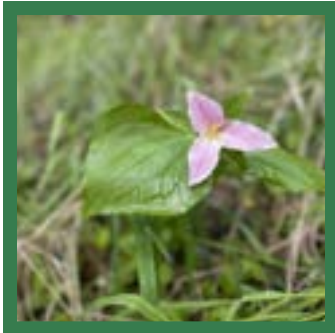
Friends of Mt Tabor Park 2025

Who we are

Achievements

Vision

Get involved



Who we are

[Friends of Mt. Tabor Park](#) is a volunteer-led nonprofit that has been serving the community for 26 years. Through our stewardship, outreach, and community engagement, we contribute over 6,000 volunteer hours annually to keeping Mt. Tabor Park a healthy, beautiful, and welcoming public space. We serve as public advocates who raise awareness and inspire enjoyment of the park's natural environment and recreational opportunities.

We collaborate with [Portland Parks & Recreation](#), neighborhood associations surrounding the park, and with other Friends groups through the Portland Parks Alliance and the [Portland Parks Foundation](#). We welcome volunteers!

What we achieved

in 2025



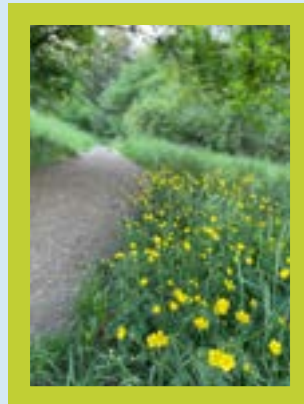


Foot Patrol



Foot Patrol volunteers walk the park daily to pick up litter, averaging more than 300 bags of trash every year.

They also observe park activity and conditions, report theft and vandalism, manage lost/found items, and provide information, first aid, and directions to visitors.



Number of Foot Patrol members: 93

Patrols completed in 2025: 405

Volunteer hours donated in 2025: 1,167

Volunteer hours donated since 2000: 24,634

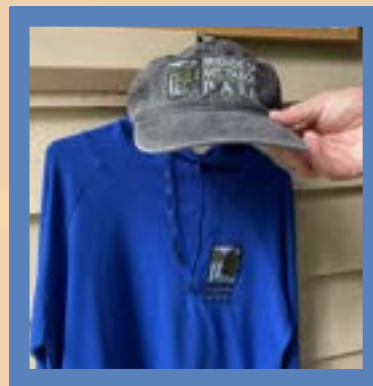
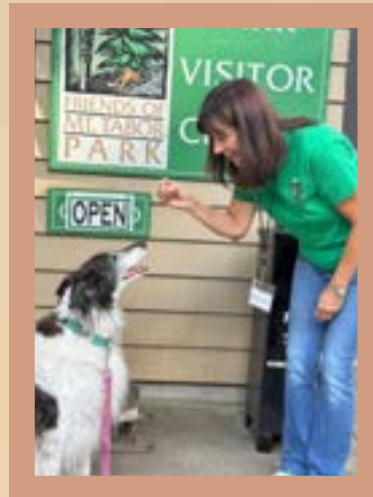


Visitor Center

Visitor Center volunteers provide a warm welcome to park visitors. The Visitor Center also provides a Lost and Found, tree and trail maps, and a variety of brochures on history, natural history, and geology.

We also sell a variety of merch including t-shirts, hats, and greeting cards from local artists.

The Visitor Center is generally open seven days a week, six hours a day, guiding and informing over 14,000 visitors each year.



New volunteers in 2025: 12

Total volunteers: 39

Volunteer hours donated in 2025: 1,756

Days open in 2025: 362

Number of first annual Dogs of Mt. Tabor calendars sold: 220+

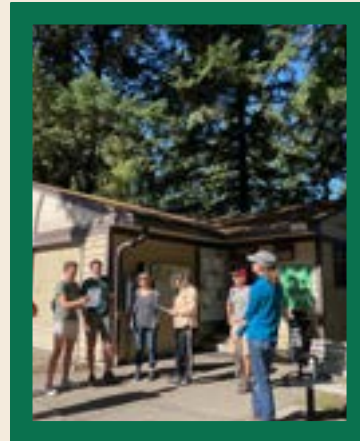




Urban Nature Series

Urban Nature Series volunteers lead free nature education programs on Sunday afternoons.

In 2025 volunteers led walks and talks on topics including: pruning techniques, birds, invertebrate ID and photography, nature art, native plants, natural history of trees, geology, nature crafts, fire ecology, winter crafts, meditation walks, and more.



Urban Nature Series event participants in 2025: 150
Volunteer hours donated: 327
Program topics offered in 2025: 13



WEED WARRIORS

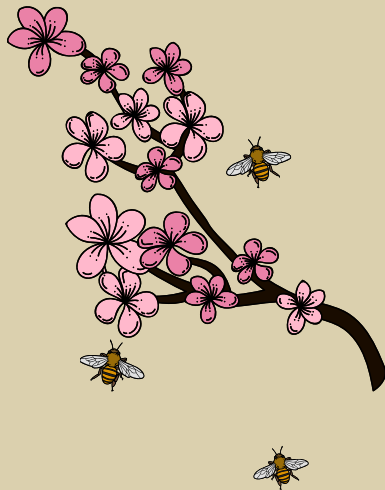
Weed Warriors volunteers remove invasive species and restore native plants throughout the park.

Through its stewardship program, Weed Warriors connects young people to nature, introducing hundreds of middle- and high-school students, cross country teams, and scout groups to the rewards of restoring native habitat in a beloved neighborhood park.



Volunteer hours donated in 2005: 2,400
Total volunteers in 2005: 794
Volunteer hours donated by Weed Warriors since 2016: 14,000





Our volunteers love and care for Mt. Tabor Park, providing a margin of excellence to visitors from all corners of Portland and around the world.



2025: Our impact in numbers

6,200+

Volunteer hours
across programs

These hours of service to the community in 2025 were made possible thanks to the dedication of our volunteers, program leaders, and the members of Friends of Mt. Tabor who support us! Thank you!

2025 was another successful year for Friends of Mt. Tabor Park Foot Patrol. Thanks to the Foot Patrol, the park has been essentially trash-free since 2017.

318

Bags of trash picked
up by Foot Patrol

15,695

Visitors greeted
in 2025

Visitor Center volunteers hand out free stickers to kids and sell Friends of Mt. Tabor Park merchandise that supports local artists. They also give out free maps and brochures to humans, and dog treats to dogs!

1,673 households

received our monthly newsletter

178 members joined

What We Envision

In our vision of the future, Mt. Tabor Park continues to offer life-giving benefits to everyone who visits: clean air, biodiversity, quiet beauty, and moments of wonder that enrich daily life. United by our love for this park, we want to continue investing our time and energy to protect, enhance, and celebrate a place that sustains both nature and community. Through stewardship, education, and service, we want to work alongside Portland Parks and Recreation to ensure the park continues to be a refuge where people of all ages, backgrounds, and abilities can connect with the natural world and with one another. We also seek to expand opportunities for engagement, inclusion, and accessibility so that more people—especially those historically underserved—can experience a sense of belonging in the park.

As partners in stewardship, we aspire to work collaboratively to strengthen the park's future. We will continue building our community of volunteers, growing our membership, and fostering innovative programs that protect Mt. Tabor's ecology, welcome visitors, and inspire care for public spaces. Together, we see a future where volunteer passion and public partnership create a lasting legacy—ensuring Mt. Tabor Park is a healthy, joyful space for generations to come.



How you can get involved

[Sign me up for the Tabor Times Newsletter!](#)

Weed Warriors. Interested in pulling weeds in the fresh air while making new friends? To find out about Weed Warrior service projects, contact our Volunteer Program Coordinator, Lise Gervais at [weed.warriors.coord AT gmail.com](mailto:weed.warriors.coord@gmail.com). Or register for an event [here](#).

Foot Patrol. Enjoy walking in the park? Join Foot Patrol! The requirements are few, and the personal rewards are great. Check out our [Foot Patrol Handbook](#) for details. To schedule an orientation, contact the Foot Patrol coordinator at [taborpatrol AT gmail.com](mailto:taborpatrol@gmail.com).

Visitor Center. Spend a few hours at the center greeting guests, answering questions, providing maps and brochures, staffing the lost-and-found, and (best of all) handing out dog biscuits. To arrange an orientation session please email [TaborVC AT gmail.com](mailto:TaborVC@gmail.com).

Urban Nature Series. Come learn about the park and register for an event [here](#). We're always looking for leaders to facilitate ecological and cultural events specific to Mt. Tabor Park. Please email [UrbanNatureSeries AT gmail.com](mailto:UrbanNatureSeries@gmail.com) if you have an idea for an event you'd like to lead.

Friends of Mt Tabor Park

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Website: www.taborfriends.org

For general information, please reach out to us at [taborfriends at gmail.com](mailto:taborfriends@gmail.com)